

# **Contract Law**

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# **Contract Law**

Catherine Elliott and Frances Quinn

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# **Brief contents**

Preface Acknowledgements Table of cases Table of statutes Table of statutory instruments Table of EC legislation	xiii xiv xv xxvii xxix xxx
Introduction	1
Part 1 The formation of a contract	9
<ol> <li>Offer and acceptance</li> <li>Certainty</li> <li>Intention to create legal relations</li> <li>Capacity</li> <li>Formalities</li> <li>Consideration</li> </ol>	11 53 60 70 83 91
Part 2 The contents of a contract	121
7 Terms of the contract 8 Unfair contract terms	123 156
Part 3 Vitiating factors	193
<ul><li>9 Misrepresentation</li><li>10 Mistake</li><li>11 Illegality</li><li>12 Duress and undue influence</li></ul>	195 222 248 268
Part 4 The rights and liabilities of third partie	es 287
13 Third parties	289

Part 5 Discharge and remedies	311
<ul><li>14 Discharge of contract</li><li>15 Remedies</li></ul>	313 345
Part 6 Consumer protection	401
16 Consumer contracts	403
Appendix: Answering examination questions Glossary	431 437
Index	441

# **Contents**

Preface

Acknowledgements

Table of EC legislation

Table of statutory instruments

Table of cases

Table of statutes

Introduction	1
Why do we need contract law? The origins of contract law Freedom of contract	2 2 4
Contract and fairness	4
The objective approach	5
The Human Rights Act 1998	6
Reading list	8
Reading on the internet	8
Part 1 The formation of a contract	9
Chapter 1 Offer and acceptance	11
Unilateral and bilateral contracts	12
Offer	12
Invitations to treat	14
How long does an offer last?	17
Acceptance	24
Acceptance must be communicated	29
Exceptions to the communication rule	29
Ignorance of the offer	33
Cross offers	34
Time of the formation of the contract	34
Offer and acceptance implied by the court	35
Agreements to negotiate	36
Agreements to agree, letters of intent and agreements 'subject to contract'	37
Common types of contracts	38
How important are offer and acceptance?	43
Problems with offer and acceptance	44
Answering questions	45

xiii

xiv

ΧV

xxvii

xxix

XXX

Summary of Chapter 1	49
Reading list	52
Reading on the internet	52
Chapter 2 Certainty	53
Provision for clarification	55
Terms implied by statute	56
Previous course of dealing	56
Reasonableness	56
Custom	57
The 'officious bystander'	57
Removing minor uncertain terms	58
Answering questions	58
Summary of Chapter 2	59
Reading list	59
Chapter 3 Intention to create legal relations	60
Social and domestic agreements	61
Commercial agreements	63
How important is intention to create legal relations?	67
Answering questions	67
Summary of Chapter 3	68
Reading list	69
Chapter 4 Capacity	70
Minors	71
Mental incapacity	76
Corporations	77
Answering questions	78
Summary of Chapter 4	80
Reading list	82
Reading on the internet	82
Chapter 5 Formalities	83
Contracts that must be made by deed	84
Contracts that must be in writing	84
Contracts that must be evidenced in writing	87
Answering questions	89
Summary of Chapter 5	90
Reading on the internet	90
Chapter 6 Consideration	91
What is consideration?	92
Performance of an existing duty	98
Waiver and promissory estoppel	105
Agreement by deed	109

Consideration and conditional gifts	110
Problems with consideration	111
The future of consideration	112
Reform	113
Answering questions	114
Summary of Chapter 6	116
Reading list	119 119
Reading on the internet	117
Part 2 The contents of a contract	121
Chapter 7 Terms of the contract	123
Express terms	124
Oral statements	124
Written terms	127
Collateral contracts	129
Oral and written statements	130
Interpretation of express terms	130
Implied terms	137
Terms implied in fact	137
Terms implied in law	141
Terms implied by custom	142
Terms implied by trade usage	142
Entire agreement clauses	142
The relative importance of contractual terms	144
Conditions	144
Warranties	145
Innominate terms Criticism and reform	145
	148 149
Answering questions Summary of Chapter 7	151
Reading list	155
Reading on the internet	155
Chanten C. Unfain contrast towns	457
Chapter 8 Unfair contract terms	156
Exemption clauses	157
Common law controls	157
Statutory controls	167
Unfair terms	174
Unfair Terms in Consumer Contracts Regulations 1999	174
Comparison between the 1999 Regulations and UCTA	183
Other legislative controls	184
Reform	184
Answering questions Summary of Chapter 8	185 188
Reading list	191
Reading on the internet	192

Contents

Part 3	Vitiating factors	193
	Chapter 9 Misrepresentation	195
	What is a misrepresentation?	196
	Types of misrepresentation	203
	Remedies for misrepresentation	207
	Misrepresentation and terms	214
	Excluding liability for misrepresentation	214
	Entire agreement clauses and misrepresentation	216
	Answering questions	218
	Summary of Chapter 9	219
	Reading list	221
	Chapter 10 Mistake	222
	General principles	223
	Common mistake	226
	Cross-purposes mistake	231
	Mistakes relating to documents	237
	Criticism and reform	240
	Answering questions	242
	Summary of Chapter 10	244
	Reading list	247
	Reading on the internet	247
	Chapter 11 Illegality	248
	Introduction	249
	Violation of legal rules and public policy	249
	The effect of an illegal contract	258
	Criticism	261
	Reform	262
	Answering questions	265
	Summary of Chapter 11	265
	Reading list	267
	Reading on the internet	267
	Chapter 12 Duress and undue influence	268
	Duress	269
	Undue influence	273
	Inequality of bargaining power	281
	Answering questions	281
	Summary of Chapter 12	284
	Reading list	286

286

Х

Reading on the internet

Part 4	The rights and liabilities of third parties	287
	Chapter 13 Third parties  The privity rule  Reform  Contractual rights conferred on third parties	289 290 291 292
	Statutory rights	292
	Common law exceptions	295
	Exceptions in equity Arguments for the privity rule	302 302
	Arguments against the privity rule	303
	Answering questions	305
	Summary of Chapter 13	306
	Reading list	309
	Reading on the internet	309
Part 5	Discharge and remedies	311
	Chapter 14 Discharge of contract	313
	Performance	314
	The entire performance rule	314
	Mitigation of the entire performance rule	315
	Vicarious performance	318
	Frustration	318
	What will not amount to frustration?	319
	What will not amount to frustration?  Legal consequences of frustration	320 323
	The theory of frustration	326
	Breach	326
	Actual breach	326
	Anticipatory breach	328
	Lawful excuse	328
	Effect of breach	328
	Choice to affirm or discharge	330
	Agreement Consideration	334 334
	Formalities	335
	Answering questions	336
	Summary of Chapter 14	340
	Reading list	344
	Chapter 15 Remedies	345
	Common law remedies	346
	Damages	346
	Action for an agreed sum	373

хi

### Contents

	Restitution	374
	Equitable remedies	378
	Specific performance	378
	Injunction	380
	Remedies agreed by the parties	382
	Liquidated damages	382
	Penalty clauses	382
	Extinction of remedies	383
	The statutory time limits	383
	Problems with remedies	385
	Answering questions	387
	Summary of Chapter 15	394
	Reading list	398
	Reading on the internet	399
Part 6	Consumer protection	401
	Chapter 16 Consumer contracts	403
	-	
	History	404
	Contracts for the sale of goods	404
	Contracts for the supply of services	412
	Hire contracts  Manufacturers' liability	415 415
	Consumer Protection from Unfair Trading Regulations 2008	418
	Unsolicited goods	421
	Consumer credit	422
	Contract law and consumer protection	423
	Answering questions	423
	Summary of Chapter 16	427
	Reading list	429
	Reading on the internet	429
	Appendix: Answering examination questions	431
	Essay questions	432
	Problem questions	434
	Glossary	437
	Index	441

### **Preface**

The tenth edition of this book aims to build on the strengths that have led to the success and popularity of the previous editions, which have been extremely well received by both teachers and students alike. It incorporates all the important legal developments that have taken place since the publication of the last edition. As with our previous editions, our aim has been to provide a clear explanation of the law of contract. As well as setting out the law itself, we look at the principles behind it, and discuss some of the issues and debates arising from contract law. We hope that the material will allow you to enter into some of that debate and develop your own views as to how the law should develop.

One of our priorities in writing this book has been to explain the material clearly, so that it is easy to understand, without lowering the quality of the content. Too often, law is avoided as a difficult subject, when the real difficulty is the vocabulary and style of legal textbooks. For that reason, we have aimed to use 'plain English' as far as possible, and explain the more complex legal terminology where it arises. There is also a glossary explaining common terms at the back of the book. In addition, chapters are structured so that material is in a systematic order for the purposes of both learning and revision, and clear subheadings make specific points easy to locate.

Although we hope that many readers will use this book to satisfy a general interest in the law, we recognise that the majority will be those who have to sit an examination in the subject. Therefore, each chapter features typical examination questions, with detailed guidance on answering them, using the material in the book. This is obviously useful at revision time, but we recommend that, when first reading the book, you take the opportunity offered by the questions sections to think through the material that you have just read and look at it from different angles. This will help you both to understand and to remember it. You will also find that the Appendix at the end of the book gives useful general advice on answering examination questions on contract law.

This book is part of a series that has been produced by the authors. The other books in the series are *English Legal System, Criminal Law* and *Tort Law*.

We would like to thank Elliot Schatzberger of Middlesex University for his help in updating this edition.

We have endeavoured to state the law as at 1 January 2015.

Catherine Elliott and Frances Quinn London 2015

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### Table of cases

- 21st Century Logistic Solutions Ltd (In Liquidation) *v*Madysen Ltd [2004] EWHC 231 (QB); [2004] 2
  Lloyd's Rep 92 **249**
- AB Corporation v CD Company (*The Sine Nomine*) [2002] 2 Lloyd's Rep 805 **371**
- AXA Sun Life v Campbell Martin [2011] EWCA Civ 133; [2012] 1 All ER (Comm) 268, CA **215–17**
- Abbey National plc and others *v* Office of Fair Trading [2009] EWCA Civ 116; [2010] 1 AC 696 **175**. **182**
- Abramova v Oxford Institute of Legal Practice [2011] EWHC 613 (QB); [2011] All ER (D) 229 (Mar), QBD 327
- Achilleas, The. See Transfield Shipping v Mercator Shilling (The Achilleas)—
- Actionstrength Ltd v International Glass Engineering [2003] UKHL 17; [2003] 2 AC 541 88, 90
- Adams v Lindsell (1818) 1 B & Ald 681; (1818) 106 ER 250 **30**. **31**. **51**
- Addis v Gramophone Co Ltd [1909] AC 488; 78 LJKB 1122 **347**, **348**, **389**, **395**
- Ailsa Craig Fishing Co Ltd v Malvern Fishing Co Ltd and Securicar (Scotland) Ltd (*The Strathallan*) [1983] 1 All ER 101; [1983] 1 WLR 964, HL 164
- Alderslade v Hendon Laundry Ltd [1945] KB 189; [1945] 1 All ER 244, CA **164**
- Allcard v Skinner (1887) 36 Ch D 145; 56 LJ Ch 1052; [1886–90] All ER Rep 90 **275**, **276**
- Alliance Bank Ltd v Broom (1864) 2 Dr & Sm 289; [1861–73] All ER Rep Ext 1449 97, 98, 117
- Allied Maples Group Ltd v Simmons & Simmons [1995] 1 WLR 1602; [1995] 4 All ER 907, CA **366**
- Alpenstow Ltd *v* Regalian Properties plc [1985] 2 All ER 545; [1985] 1 WLR 721, Ch D **42**
- Alpha Trading Ltd v Dunnshaw-Patten Ltd [1981] QB 290; [1981] 1 All ER 482; [1981] 2 WLR 169, CA **139**
- Amalgamated Investment & Property Co *v* John Walker & Sons Ltd [1977] 1 WLR 164; [1976] 3 All ER 509, CA **224**, **244**, **321**

- Anderson Ltd *v* Daniel [1924] 1 KB 138; [1923] All ER Rep Ext 783, CA **249**
- Anglia Television Ltd v Reed [1972] 1 QB 60; [1971] 3 All ER 690; [1971] 3 WLR 528, CA **360**, **361**
- Applegate v Moss [1971] 1 QB 406; [1971] 1 All ER 747; [1971] 2 WLR 541, CA **384**
- Archbolds (Freightage) Ltd v S Spanglett Ltd (Randall, third party) [1961] 1 QB 374; [1961] 1 All ER 417; [1961] 2 WLR 170, CA **260**
- Armhouse Lee Ltd v Chappell (1996) The Times, 7 August 254
- Ashmore, Benson, Pease & Co Ltd *v* AV Dawson Ltd [1973] 2 All ER 856; [1973] 1 WLR 828, CA **260**
- Ashton v Turner [1981] QB 137; [1980] 3 All ER 870; [1980] 3 WLR 736, QBD **259**
- Atlantic Baron, The. See North Ocean Shipping Co v Hyundai Construction Co (The Atlantic Baron)—
- Atlas Express Ltd v Kafco (Importers and Distributors) Ltd [1989] QB 833; [1989] 1 All ER 641; [1989] 3 WLR 389, QBD **271**, **282–4**
- Attorney General v Blake [2001] 1 AC 268; [2000] 4 All ER 385; [2000] 3 WLR 625, HL; Affirming on other grounds [1998] Ch 439; [1998] 1 All ER 833; [1998] 2 WLR 805, CA; Reversing [1997] Ch 84; [1996] 3 All ER 903; [1996] 3 WLR 741, Ch D 368, 370-2, 386, 397, 399
- Attwood v Small (1838) 6 Cl & Fin 232; (1838) 7 ER 684. HL **203**
- Autoclenz Ltd v Belcher [2011] UKSC 41; [2011] 4 All ER 745; [2011] ICR 1157, SC 137
- Avery v Bowden (1856) 6 E & B 953; 26 LJQB 3, Ex Ch **328**
- BBC v Harper Collins [2010] EWCA 2424 (Ch); [2011] EMLR 6 291
- BP Exploration Co (Libya) Ltd v Hunt (No 2) [1982] 1 All ER 925; [1979] 1 WLR 783; 123 Sol Jo 455, QBD **325**
- BP Refinery (Westernport) Pty Ltd v Hastings Shire Council (1977) 52 ALJR 20 138

- BSkyB Ltd and another v HP Enterprise Services UK Ltd (formerly Electronic Data Systems Ltd (EDS)) and others [2010] EWHC 86 (TCC); [2010] All ER (D) 192 (Jan) 214
- Bailey v Bullock [1950] 2 All ER 1167; 94 Sol Jo 689; 66 (pt 2) TLR 791, KBD **350**
- Baird Textile Holdings Ltd v Marks & Spencer plc [2001] EWCA Civ 274; [2002] 1 All ER (Comm) 737; [2001] All ER (D) 352 (Feb), CA 35, 54, 109
- Bairstow Eves London Central Ltd v Adrian Smith and Darlingtons (A Firm) [2004] EWHC 263 (QB); [2004] 2 EGLR 25 179
- Balfour v Balfour [1919] 2 KB 571; 88 LJKB 1054; [1918–19] All ER Rep 860, CA **61**, **62**, **67–9**
- Balfour Beatty Construction (Scotland) Ltd *v* Scottish Power 1994 SLT 807; (1994) 71 BLR 20; 1994 SC (HL) 20, HL **358**
- Bank of Credit and Commerce International SA (In Liquidation) v Ali [2001] UKHL 8; [2002] 1 AC 251 132, 134, 155
- Bankers Insurance Co Ltd *v* South [2003] EWHC 380 (QB); [2004] Lloyd's Rep IR 1 **176**
- Bannerman v White (1861) 10 CBNS 844; 31 LJCP 28; 8 Jur NS 282 125, 152
- Banque Financière de la Cité SA (formerly Banque Keyser Ullmann SA) v Westgate Insurance Co Ltd (formerly Hodge General and Mercantile Co Ltd) [1991] 2 AC 249; [1990] 2 All ER 947; [1990] 3 WLR 364, HL; Affirming Banque Keyser Ullmann SA v Skandia (UK) Insurance Co Ltd [1990] 1 QB 665; [1989] 2 All ER 952, CA; Reversing [1990] 1 QB 665; [1987] 2 All ER 923, QBD 200
- Barclays Bank plc v O'Brien [1994] 1 AC 180; [1993] 4 All ER 417; [1993] 3 WLR 786, HL **276–8**, **282**, **285**
- Barclays Bank plc v Schwartz (1995) *The Times*, 2 August **76**
- Barry *v* Davies (t/a Heathcote Ball & Co) [2000] 1 WLR 1962; [2000] All ER (D) 1084; [2001] 1 All ER 944, CA **39**
- Barton (Alexander) v Armstrong (Alexander Ewan) [1976] AC 104; [1975] 2 All ER 465 **272**
- Beale *v* Taylor [1967] 3 All ER 253; [1967] 1 WLR 1193; 111 Sol Jo 668, CA **406**
- Bear Stearns Bank plc *v* Forum Global Equity Ltd [2007] EWHC 1576 (Comm); [2007] All ER (D) 103 (Jul) **54**, **64**
- Bell v Lever Bros Ltd [1932] AC 161; 101 LJKB 129; [1931] All ER Rep 1, HL **227–30**, **243**, **245**
- Bennett v Bennett [1952] 1 KB 249; [1952] 1 All ER 413; [1952] 1 TLR 400, CA **258**

- Berwick v Lloyds TSB plc (2007) County Court (Birmingham) 15 May 2007 383
- Beswick v Beswick [1968] AC 58; [1967] 2 All ER 1197; [1967] 3 WLR 932, HL **290, 303, 304, 378**
- Birse Construction Ltd v Eastern Telegraph Co Ltd [2004] EWHC 2512 (TCC); [2004] 47 EG 164 (CS) 364
- Bisset v Wilkinson [1927] AC 177; [1926] All ER Rep 343; 136 LT 97, PC **201**, **220**
- Blackpool and Fylde Aero Club v Blackpool Borough Council [1990] 3 All ER 25; [1990] 1 WLR 1195; 88 LGR 864, CA 40
- Bland *v* Sparkes (1999) *The Times*, 17 December **335** Bolton *v* Mahadeva [1972] 1 WLR 1009; [1972] 2 All ER 1322, CA **315**
- Bominflot (KG) Bunkergesellschaft fur Mineraloele mbH & Co v Petroplus Marketing AG, *The Mercini* Lady [2010] EWCA Civ 1145; [2011] 2 All ER (Comm) 522 **165**
- Boone *v* Eyre (1779) 96 ER 767; 126 ER 148; (1779) 2 Wm Bl 1312 **315**, **341**
- Bowerman v Association of British Travel Agents Ltd [1996] CLC 451 13
- Bowmakers Ltd v Barnet Instruments Ltd [1945] KB 65; [1944] 2 All ER 579; 114 LJKB 41, CA **259**
- Bowman *v* Secular Society Ltd [1917] AC 406; [1916–17] All ER Rep 1, HL **254**
- Brace v Calder [1895] 2 QB 253; [1895–9] All ER Rep 1196; 72 LT 829; 11 TLR 450, CA **359**
- Bradbury v Morgan (1862) 1 H & C 249; 31 LJ Ex 462 **19**
- Bramhill v Edwards [2004] EWCA Civ 403; [2004] 2 Lloyd's Rep 653 **407**
- Brimnes, The. See Tenax Steamship Co v Owners of the Motor Vessel Brimnes (The Brimnes)—
- Brinkibon v Stahag Stahl und Stahlwarenhandels GmbH [1983] 2 AC 3; [1982] 1 All ER 293 32, 47
- British Crane Hire Corp Ltd *v* Ipswich Plant Hire Ltd [1975] QB 303; [1974] 1 All ER 1059; [1974] 2 WLR 856, CA **142**
- British Road Services Ltd *v* Arthur V Crutchley & Co Ltd [1968] 1 All ER 811; [1968] 1 Lloyd's Rep 271, CA **25**. **26**
- British Steel Corp v Cleveland Bridge & Engineering Co Ltd [1984] 1 All ER 504; [1982] Com LR 54, QBD 38, 376
- British Transport Commission *v* Gourley [1956] AC 185; [1955] 3 All ER 796; [1956] 2 WLR 41, HL **367**
- British Westinghouse Electric and Manufacturing Co Ltd v Underground Electric Railways Co of London Ltd (No 2) [1912] AC 673; 81 LJKB 1132; [1911–13] All ER Rep 63, HL **359**

- Britvic Soft Drinks Ltd v Messer UK Ltd [2002] EWCA Civ 548; [2002] 2 All ER (Comm) 321 173 Brogden v Metropolitan Rail Co (1877) 2 App Cas 666, HL 24
- Bunge Corp v Tradax Export SA [1981] 2 All ER 513; [1981] 1 WLR 711; [1981] 2 Lloyd's Rep 1, HL **144**, **394**
- Butler Machine Tool Co Ltd v Ex-Cell-0 Corp (England) Ltd [1979] 1 WLR 401; [1979] 1 All ER 965 **25**, **27**, **48**
- Byrne & Co v Leon Van Tienhoven & Co (1879–80) LR 5 CPD 344 **20, 33, 50, 390**
- C & P Haulage (a firm) v Middleton [1983] 1 WLR 1461; [1983] 3 All ER 94, CA **361**
- CIBC Mortgages plc v Pitt [1993] 4 All ER 433; [1994] 1 AC 200 **275**, **276**
- CTN Cash and Carry Ltd *v* Gallaher Ltd [1994] 4 All ER 714, CA **271**, **282**
- Car and Universal Finance Co Ltd *v* Caldwell [1965] 1 QB 525; [1964] 1 All ER 290, CA **208**
- Carlill v Carbolic Smoke Ball Co [1893] 1 QB 256; [1891–4] All ER Rep 127, CA 13–15, 30, 45, 48, 49, 65, 150, 302, 303
- Campbell v Mirror Group Newspapers Ltd (MGN) [2004] UKHL 22; [2004] 2 AC 457; [2004] 2 All ER 995 373
- Casey's Patents, re, Steward v Casey [1892] 1 Ch 104; 61 LJ Ch 61, CA **95**
- Cehave NV v Bremer Handelsgesellschaft mbH (The Hansa Nord) [1976] QB 44; [1975] 3 All ER 739 148
- Central London Property Trust *v* High Trees House Ltd [1947] KB 130; [1956] 1 All ER 256n; [1947] LJR 77, KBD **106, 107, 109, 113, 114, 118**
- Centrovincial Estates plc v Merchant Investors Assurance Co [1983] Com LR 158, CA 232
- Chapelton v Barry Urban District Council [1940] 1 KB 532; [1940] 1 All ER 356, CA 160, 189
- Chaplin v Hicks [1911] 2 KB 786; [1911–13] All ER Rep 224, CA **365**
- Chappell & Co Ltd v Nestlé Co Ltd [1960] AC 87; [1959] 2 All ER 701; [1959] 3 WLR 168, HL **96**, **426**
- Chapple v Cooper (1844) 1 3 M & W 252 **72**, **79**
- Chartbrook Ltd v Persimmon Homes Ltd [2009] UKHL 38; [2009] 4 All ER 677; [2010] 1 All ER (Comm) 365, SC 133, 135, 148, 238, 239
- Charter v Sullivan [1957] 2 QB 117; [1957] 1 All ER 809; [1957] 2 WLR 528, CA **363**
- Cherry Tree Investments Ltd *v* Landmain Ltd [2012] EWCA Civ 736; [2013] Ch 305; [2013] 2 WLR 48 137, 239

- Cheverny Consulting Ltd v Whitehead Mann Ltd [2006] EWCA Civ 1303; [2007] 1 All ER (Comm) 124, CA 38
- China-Pacific SA v Food Corp of India (*The Winson*) [1981] QB 403; [1980] 3 All ER 556 **107**
- City and Westminster Properties (1934) Ltd v Mudd [1959] Ch 129; [1958] 2 All ER 733; [1958] 3 WLR 312, Ch D 129
- Clarke v Earl of Dunraven (*The Satanita*) [1897] AC 59; 13 TLR 58, HL **43**, **48**
- Clay v Yates (1856) 1 H & N 73 260
- Clea Shipping Corp v Bulk Oil International (*The Alaskan Trader*) (No 2) [1984] 1 All ER 129; [1983] 2 Lloyd's Rep 645, QBD **332**, **337**
- Clegg v Andersson (t/a Nordic Marine) [2003] EWCA 320; [2003] 1 All ER (Comm) 721 **407**
- Clements v London and North Western Railway Co [1894] 2 QB 482; [1891–4] All ER Rep Ext 1461, CA 72, 78, 79
- Cobbe v Yeoman's Row Management Ltd, See Yeoman's Row Management Ltd and another v Cobbe—
- Co-operative Insurance Society Ltd *v* Argyll Stores (Holdings) Ltd [1997] 3 All ER 297; [1998] AC 1; [1997] 2 WLR 898, HL **379**
- Collen v Wright (1857) 8 E & B 647 297
- Collins v Godefroy (1831) 1 B & Ad 950 98
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- Cowan v O'Connor (1888) LR 20 QBD 640 31
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- Crema v Cenkos Securities plc [2010] EWCA Civ 1444: [2011] 1 WLR 2066 132
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- Dean and Dean (solicitors) v Dionissiou and Moussaoui [2011] EWCA Civ 1331; [2011] All ER (D) 123 (Nov), CA 133
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- Experience Hendrix LLC *v* PPX Enterprises Inc [2003] EWCA Civ 323; [2003] 1 All ER (Comm) 830 **369**, **371**, **372**
- Exxonmobil Sales and Supply Corp v Texaco Ltd, The Helene Knutsen [2003] EWHC 1964 (Comm); [2004] 1 All ER (Comm) 435 143
- Farley v Skinner (No 2) [2001] UKHL 49; [2002] 2 AC 732 **349**, **350**, **395**, **399**
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- George Mitchell (Chesterhall) Ltd *v* Finney Lock Seeds Ltd [1983] 2 AC 803; [1983] 2 All ER 737; [1983] 3 WLR 163, HL **172**, **187**
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                                                      Holman v Johnson (1775) 1 Cowp 341 258, 261
  [2006] 2 P & CR D36 209
                                                      Holwell Securities Ltd v Hughes [1974] 1 WLR 155;
Hadley v Baxendale (1854) 9 Ex 341 351, 352, 355,
                                                         [1974] 1 All ER 161, CA 31
  357 358 388 395
                                                      Hong Kong Fir Shipping Co Ltd v Kawasaki Kisen
Hadley v Kemp [1999] All ER (D) 450 (Apr); [1999]
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                                                         [1962] 1 All ER 474 145, 146, 154, 226
  EMLR 589, Ch D 84
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Hamilton v Allied Domecq [2007] UKHL 33; 2007 SLT
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Harris v Nickerson (1872-73) LR 8 QB 286 39
                                                         CA 163, 175
Harris v Sheffield United Football Club Ltd [1988] QB 77;
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  [1987] 2 All ER 838; [1987] 3 WLR 305, CA 48, 99
                                                         Ltd v Grant (1878-79) LR 4 Ex D 216 33
Harrison & Jones v Bunten & Lancaster [1953] 1 QB
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  646; [1953] 1 All ER 903; [1953] 2 WLR 840,
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  QBD 228
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Hart v O'Connor [1985] AC 1000; [1985] 2 All ER 880;
                                                      Hughes v Metropolitan Railway Co (1877) 2 App
  [1985] 3 WLR 214, PC 77
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Hartley v Ponsonby (1857) 7 E & B 872 100
                                                      Hunt v Silk (1804) 5 East 449 375
Hartog v Colin and Shields [1939] 3 All ER 566,
                                                      Hyde v Wrench (1840) 3 Beav 334 18, 50
  KBD 232, 246
Harvela Investments Ltd v Royal Trust Co of Canada
                                                      ING Bank NV v Ros Roca SA [2011] EWCA Civ 353;
  (CI) Ltd [1986] AC 207; [1985] 2 All ER 966 40
                                                         [2012] 1 WLR 472, CA 135
Harvey v Facey [1893] AC 552, PC 42, 392
                                                      Ingram v Little [1961] 1 QB 31; [1960] 3 All ER 332;
Hayes v James & Charles Dodd (A Firm) [1990] 2 All
                                                         [1960] 3 WLR 504, CA 234, 244
  ER 815, CA 346
                                                      Inland Revenue Commissioners v Fry [2001] STC
Hedley Byrne & Co Ltd v Heller & Partners Ltd
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                                                      Inntrepreneur Pub Co v East Crown Ltd [2000] 3
  [1964] AC 465; [1963] 2 All ER 575; [1963] 3
  WLR 101, HL 124, 204-6, 213, 220
                                                         EGLR 31; [2000] All ER (D) 1100, Ch D 143
Henderson v Arthur [1907] 1 KB 10, CA 128
                                                      Interfoto Picture Library Ltd v Stiletto Visual
Henthorn v Fraser [1892] 2 Ch 27; [1891-4] All
                                                         Programmes Ltd [1989] QB 433; [1988] 1 All
  ER Rep 908, CA 31, 33
                                                         ER 348 5, 161, 162, 178, 189
Hermann v Charlesworth [1905] 2 KB 123, CA 254
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Herne Bay Steam Boat Co v Hutton [1903] 2 KB 683;
                                                         Simmonds [2003] EWHC 177 (Comm); [2004]
  [1900-3] All ER Rep 627, CA 320
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Heron II, The. See Koufos v C Czarnikow Ltd (The
                                                      Investors Compensation Scheme Ltd v West
  Heron II)—
                                                         Bromwich Building Society [1998] 1 All ER 98;
Heyman v Darwins Ltd [1942] AC 356; [1942] 1 All
                                                         [1998] 1 WLR 896, HL 132, 134, 135, 155, 426
  ER 337, HL 330
Heywood v Wellers (A Firm) [1976] QB 446; [1976] 1
                                                      Jackson v Horizon Holidays Ltd [1975] 3 All ER 92;
  All ER 300; [1976] 2 WLR 101, CA 348
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Hickman v Haynes (1874–75) LR 10 CP 598 105
                                                      Jackson v Royal Bank of Scotland [2005] UKHL 3;
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Hillas (WN) & Co Ltd v Arcos Ltd (1932) 43 LI L
  Rep 359 54, 56-8
                                                      Jacobs & Young v Kent (US) (1921) 129 NE 889 364
Hirachand Punamchand v Temple [1911] 2 KB 330,
                                                      Jarvis v Swans Tours Ltd [1973] QB 233; [1973] 1 All
  CA 103
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Hochster v De La Tour (1853) 2 El & Bl 678 328
                                                      Jet2.com Ltd v Blackpool Airport Ltd [2012] EWCA
Hoenig v Isaacs [1952] 2 All ER 176, CA 315
                                                         Civ 417; [2012] 2 All ER (Comm) 1053, CA 55
Hollier v Rambler Motors (AMC) Ltd [1972] 2 QB 71;
                                                      Jones v Padavatton [1969] 1 WLR 328; [1969] 2 All
  [1972] 1 All ER 399; [1972] 2 WLR 401, CA 163,
                                                         ER 616, CA 62, 68, 93
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Jones *v* Vernon's Pools [1938] 2 All ER 626 **65** 

187

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- Keay v Morris Homes (West Midlands) Ltd [2013] EWHC 932 (TCC); 152 ConLR 105; [2013] BLR 370 86
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- Les Affréteurs Réunis SA v Leopold Walford (London) Ltd [1919] AC 801, HL **302**
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- Levy v Yates (1838) 8 Ad & El 129 249
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- Liebeck v McDonald's Restaurants (Bernalillo County, NM Dist Ct 1994) 373
- Linden Gardens Trust Ltd v Lenesta Sludge
  Disposals Ltd [1994] 1 AC 85; [1993] 3 All ER 417;
  [1993] 3 WLR 408, HL **298**, **300**

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- Lloyd v Sutcliffe [2007] EWCA Civ 153; [2007] All ER (D) 364 (Feb), CA 143
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- Long v Lloyd [1958] 2 All ER 402; [1958] 1 WLR 753 **208**
- Luxor (Eastbourne) Ltd *v* Cooper [1941] AC 108; [1941] 1 All ER 33, HL **23**, **140**
- McArdle, re [1951] Ch 669; [1951] 1 All ER 905,
- MacLeod v MacLeod [2008] UKPC 64; [2010] 1 AC 298; [2009] 1 All ER 851 **254**
- McNicholas Construction (Holdings) Ltd v Endemol UK plc [2003] EWHC 2472 (Ch); [2003] 40 LS Gaz R 32 **54**
- McRae v Commonwealth Disposals Commission [1951] 84 CLR 377 226, 245, 362
- Mahkutai, The [1996] AC 650; [1996] 3 All ER 502; [1996] 3 WLR 1, PC **301**
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- Mannai Investment Co Ltd *v* Eagle Star Life Assurance Co Ltd [1997] AC 749; [1997] 3 All ER 352; [1997] 2 WLR 945, HL **130**, **155**
- Maredelanto Cia Naviera SA v Bergbau-Handel GmbH (*The Mihalis Angelos*) [1971] 1 QB 164; [1970] 3 All ER 125 **145**, **148**, **149**
- Maritime National Fish Ltd v Ocean Trawlers Ltd [1935] AC 524; [1935] All ER Rep 86, PC 322
- Martin-Smith v Williams [1999] EMLR 571 **329**
- Martinez v Ellesse International SpA [1999] All ER (D) 357, CA 137
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- Merritt v Merritt (1969) 119 NLJ 484 62, 67
- Middleton v Wiggin [1996] LRLR 129, CA; (1995) The Independent, 31 August 164
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- Morris v Southwark London Borough Council (Law Society intervening); Sibthorpe v same [2011] EWCA Civ 25; [2011] 2 All ER 240, CA **258**
- Muirhead v Industrial Tank Specialities Ltd [1986] QB 507; [1985] 3 All ER 705; [1985] 3 WLR 993, CA **416**
- Nash v Inman [1908] 2 KB 1 72, 79
- National Commercial Bank (Jamaica) Ltd v Hew [2003] UKPC 51; [2004] 2 LRC 396 **280**, **281**
- National Westminster Bank plc v Morgan [1985] AC 686; [1985] 1 All ER 821; [1985] 2 WLR 588, HL **275**, **276**
- New Zealand Shipping Co Ltd v A M Satterthwaite & Co Ltd (*The Eurymedon*) [1975] AC 154; [1974] 1 All ER 1015 **105**, **111**, **301**, **304**
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- Nickoll and Knight v Ashton Edridge & Co [1901] 2 KB 126; [1900–3] All ER Rep 928, CA **319**
- Nicolene Ltd v Simmonds [1953] 1 QB 543; [1953] 1 All ER 822; [1953] 2 WLR 717, CA **58**
- Nisshin Shipping Co Ltd v Cleaves & Co Ltd [2003] EWHC 2602 (Comm); [2004] 1 All ER (Comm) 481 **293**, **302**
- Nordenfelt v Maxim Nordenfelt Guns & Ammunition Co Ltd [1894] AC 535 250, 265
- North Eastern Properties Ltd v Coleman [2009] EWHC 2174 (Ch); [2010] 1 P & CR D2 **85**
- North Ocean Shipping Co v Hyundai Construction Co (*The Atlantic Baron*) [1979] QB 705; [1978] 3 All ER 1170; [1979] 3 WLR 419, QBD **270**, **273**, **282–4**

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- Page One Records Ltd *v* Britton [1968] 1 WLR 157; [1967] 3 All ER 822, Ch D **381**
- Pammer (Peter) v Reederei Karl Schlüter GmbH & Co KG: Joined Cases C-585/08 and C-144/09 [2011] 2 All ER (Comm) 888; [2012] All ER (EC) 34; [2010] All ER (D) 84 (Dec), ECJ **7**
- Panatown Ltd v Alfred McAlpine Construction Ltd [2001] 1 AC 518; [2000] 4 All ER 97; [2000] 3 WLR 946, HL **300**
- Pao On v Lau Yiu Long [1980] AC 614; [1979] 3 All ER 65 105, 270, 282
- Parker v South Eastern Railway Co [1874–80] All ER Rep 166; (1876–77) LR 2 CPD 416 159, 188
- Parkinson v College of Ambulance Ltd and Harrison [1925] 2 KB 1; [1924] All ER Rep 325, KBD **258**, **259**
- Partridge v Crittenden [1968] 1 WLR 1204; [1968] 2 All ER 421, QBD **15**, **150**
- Patel v Ali [1984] Ch 283; [1984] 1 All ER 978; [1984] 2 WLR 960, Ch D **379**
- Payne v Cave (1789) 100 ER 502 19, 50
- Pearce v Brookes [1861–73] All ER Rep 102 **254**, **260**

- Pearson (S) and Son Ltd *v* Dublin Corporation [1907] AC 351; [1904–7] All ER Rep 255, HL **215**
- Peck v Lateu (1973) 117 SJ 185, Ch D 63
- Pegase, The. See Satef-Huttenes Albertus SpA v Paloma Tercera Shipping Co SA (The Pegase)—
- Pell Frischmann Engineering Ltd v Bow Valley Iran Ltd and others [2009] UKPC 45; [2011] 1 WLR 2370, PC 368, 372
- Penn v Bristol and West Building Society [1997] 1 WLR 1356; [1997] 3 All ER 470, CA **297**
- Percival v London County Council Asylums and Mental Deficiency Committee (1918) 87 LJKB 677 41
- Pereira Fernandes (J) SA v Metha [2006] EWHC 813 (Ch); [2006] 2 All ER 891 **87**
- Perry v Sidney Phillips & Son (a firm) [1982] 1 WLR 1297, [1982] 3 All ER 705, CA **350**
- Pesticcio v Huet and Others [2004] EWCA Civ 372; [2004] NLJR 653 **279**
- Petromec Inc v Petroleo Brasileiro SA [2005] EWHC 2430 (Comm); [2005] All ER (D) 48 (Nov) **36**
- Pharmaceutical Society of Great Britain v Boots Cash Chemists (Southern) Ltd [1953] 1 QB 401; [1953] 1 All ER 482 16, 49
- Pharmed Medicare Private Ltd v Univar Ltd [2002] EWCA Civ 1569; [2003] 1 All ER (Comm) 321 296
- Phillips Products *v* Hyland [1987] 2 All ER 620; [1987] 1 WLR 659n, CA **172**
- Phillips v Brooks Ltd [1919] 2 KB 243; [1918–19] All ER Rep 246, KBD **235**, **244**
- Photo Production Ltd *v* Securicor Transport Ltd [1980] AC 827; [1980] 1 All ER 556; [1980] 2 WLR 283, HL **165**
- Pickfords Ltd *v* Celestica Ltd [2003] EWCA Civ 1741; [2003] All ER (D) 265 (Nov), CA **21**
- Pilbrow v Pearless de Rougemont & Co [1999] 3 All ER 355, CA **326, 330**
- Pilkington v Wood [1953] Ch 770; [1953] 2 All ER 810, [1953] 3 WLR 522, Ch D **359**
- Pink Floyd Music Ltd v EMI Records Ltd [2010] EWCA Civ 1429; [2011] 1 WLR 770, CA **136**
- Pinnel's Case (1602) 5 Co Rep 117a 101-4, 108, 112, 115, 118
- Planché v Colburn (1831) 8 Bing 14 316, 377
- Platform Funding Ltd v Bank of Scotland plc [2008] EWCA Civ 930; [2009] QB 426; [2009] 2 All ER 344, CA 326
- Platt (P & S) Ltd *v* Crouch [2003] EWCA Civ 1110; [2004] 1 P & CR 242 **132**
- Pollard v Clayton (1855) 1 K & J 462 384

- Portman Building Society *v* Dusangh [2000] 2 All ER (Comm) 221; 80 P & CR D20 **276**
- Posner v Scott-Lewis [1987] Ch 25; [1986] 3 All ER 513; [1986] 3 WLR 531, Ch D **379**
- Preist v Last [1903] 2 KB 148 409
- Prenn v Simmonds [1971] 3 All ER 237; [1971] 1 WLR 1381, HL 131, 132, 153
- Proactive Sports Management Ltd v Rooney [2011] EWCA Civ 1444, CA; Reversing in part [2010] EWHC 1807 (QB); [2010] All ER (D) 201 (Jul), QBD 251
- Proform Sports Management Ltd v Proactive Sports Management Ltd [2006] EWHC 2903 (Ch); [2007] Bus LR 93; [2007] 1 All ER 542 73
- Purely Creative Ltd *v* Office of Fair Trading, Case C-428/11 [2013] 1 CMLR 1039; [2013] Bus LR 985, ECJ **420**
- Pym v Campbell (1856) 6 E & B 370 129
- Quinn v Burch Bros (Builders) Ltd [1966] 2 QB 370; [1966] 2 All ER 283; [1966] 2 WLR 1017, CA **351**
- R v Attorney General for England and Wales [2003] UKPC 22; [2003] EMLR 499 113, 119, 271, 279
- R v Clarke (1927) 40 CLR 227 34
- R v Oldham Metropolitan Borough Council, ex parte Garlick [1993] AC 509; [1993] 2 All ER 65; [1993] 2 WLR 609, HL **75**
- R v Rusby (1800) 170 ER 241 3
- R & B Customs Brokers Co Ltd *v* United Dominions Trust Ltd [1988] 1 WLR 321; [1988] 1 All ER 847, CA **167**, **190**
- RTS Flexible Systems Ltd *v* Molkerei Alois Müller Gmbh & Company KG (UK Production) [2010] UKSC 14 (10 March 2010); [2010] 1 WLR 753; [2010] 2 All ER (Comm) 97; [2010] 3 All ER 1 5, 37, 38
- Radmacher (formerly Granatino) v Granatino; sub nom NG v KR (prenuptial contract) [2009] EWCA Civ 649; [2010] UKSC 42; [2010] 3 WLR 1367 255–7, 264
- Raiffeisen Zentralbank Osterreich AG v Royal Bank of Scotland plc [2010] EWHC 1392 (Comm); [2011] 1 Lloyd's Rep 123, HC **217**
- Rainy Sky SA v Kookmin Bank [2011] UKSC 50; [2012] 1 All ER 1137, SC 131
- Ramsgate Victoria Hotel v Montefiore (1866) LR 1 Exch 109 17
- Reardon Smith Line Ltd v Hansen-Tangen (*The Diana Prosperity*) [1976] 1 WLR 989; [1976] 3 All ER 570, HL **147**, **149**

- Redgrave v Hurd (1881–82) LR 20 Ch D 1 **202**, **220** Regalian Properties plc v London Docklands Development Corp [1995] 1 WLR 212; [1995] 1 All ER 1005, Ch D **377**
- Reigate v Union Manufacturing Co (Ramsbottom) Ltd [1918] 1 KB 592 139
- Rickards (Charles) Ltd v Oppenhaim (or Oppenheim) [1950] 1 KB 616; [1950] 1 All ER 420, CA **105, 317** Ritchie (J & H) v Lloyd [2007] UKHL 9; [2007] Bus LR

944; [2007] 1 WLR 670; [2007] 2 All ER 353 **410** 

- Robinson v Davison (1871) LR 6 Exch 269 319
- Robinson *v* Graves [1935] 1 KB 579; [1935] All ER Rep 935, CA **413**
- Rookes v Barnard [1964] AC 1129; [1964] 1 All ER 367; [1964] 2 WLR 269, HL **373**
- Roscorla v Thomas (1842) 3 QB 234 94, 116, 117
- Rose (Frederick E) (London) Ltd *v* Pim (William H) Junior & Co Ltd [1953] 2 QB 450; [1953] 2 All ER 739; [1953] 3 WLR 497, CA **238**, **239**, **246**
- Rose and Frank Co *v* JR Crompton & Bros Ltd [1923] 2 KB 261, CA **65**, **68**
- Routledge v Grant (1828) 4 Bing 653 19, 431
- Routledge v McKay, Nugent (Third Party), Ashgrove (Fourth Party), Mawson (Fifth Party) [1954] 1 WLR 615; [1954] 1 All ER 855, CA 126
- Royal Bank of Scotland plc *v* Etridge (No 2) [2001] UKHL 44; [2002] 2 AC 773 **273**, **275–9**, **282**, **284–6**, **338**
- Royal Boskalis Westminster NV v Mountain [1999] QB 674; [1997] 2 All ER 929; [1998] 2 WLR 538 **257**
- Royscot Trust Ltd v Rogerson [1991] 2 QB 297; [1991] 3 All ER 294; [1991] 3 WLR 57, CA **213**
- Ruddick v Ormston [2005] EWHC 2547; [2006] 1 P & CR D57 **85**
- Ruxley Electronics and Construction Ltd *v* Forsyth [1996] AC 344; [1995] 3 All ER 268; [1995] 3 WLR 118, HL **348**, **364**, **365**, **396**, **398**
- Ryan v Mutual Tontine Westminster Chambers Association [1893] 1 Ch 116; [1891–4] All ER Rep Ext 1812, CA **379**
- St Albans City and District Council v International Computers Ltd [1996] 4 All ER 481, CA 169
- St John Shipping Corp v Joseph Rank Ltd [1957] 1 QB 267; [1956] 3 All ER 683; [1956] 3 WLR 870, QBD **260**
- Samuel v Wadlow [2007] EWCA Civ 155; [2007] All ER (D) 370 (Feb), CA **280**
- Sapwell v Bass [1910] 2 KB 486; [1908–10] All ER Rep 528, KBD **362**

- Satef-Huttenes Albertus SpA v Paloma Tercera Shipping Co SA (*The Pegase*) [1981] 1 Lloyd's Rep 175, QBD **357**, **393**
- Saunders (Executrix of the Estate of Rose Maud Gallie) v Anglia Building Society (formerly Northampton Town and County Building Society) (Also known as Gallie v Lee) [1971] AC 1004; [1970] 3 All ER 961; [1970] 3 WLR 1078, HL 238, 283
- Scammell (G) and Nephew Ltd v Ouston (HC&JG) [1941] AC 251; [1941] 1 All ER 14, HL **54**
- Schawel v Reade (1913) 46 ILT 281, HL 126, 127
- Schuler (L) AG v Wickman Machine Tool Sales Ltd [1974] AC 235; [1973] 2 All ER 39 144, 146, 149
- Scotson v Pegg (1861) 6 H & N 295 **104, 118**
- Scott v Coulson [1903] 2 Ch 249, CA 228
- Scriven Bros & Co *v* Hindley & Co [1913] 3 KB 564, KBD **231**
- Scruttons Ltd v Midland Silicones Ltd [1962] AC 446; [1962] 1 All ER 1; [1962] 2 WLR 186, HL 166, 189, 300, 301
- Selectmove Ltd, re [1995] 1 WLR 474; [1995] 2 All ER 531, CA **25**, **102**, **108**, **112**, **115**, **393**
- Shadwell v Shadwell (1860) 9 CBNS 159 104, 111
- Shanklin Pier Ltd v Detel Products Ltd [1951] 2 KB 854; [1951] 2 All ER 471, KBD **300**, **304**, **308**
- Shanshal v Al-Kishtaini [2001] EWCA Civ 264; [2001] 2 All ER (Comm) 601 **6, 262**
- Shirlaw v Southern Foundries (1926) Ltd [1939] 2 KB 206; [1939] 2 All ER 113, CA **138**, **154**
- Shogun Finance Ltd v Hudson [2001] EWCA Civ 1001; [2002] QB 834; affirmed [2003] UKHL 62; [2004] 1 AC 919 233-7, 240, 241, 244, 246, 247, 387
- Shuey v United States (1875) 92 US 73 23, 46
- Sigma Finance Corp (in administrative receivership), re; re The Insolvency Act 1986 [2010] 1 All ER 571; [2009] UKSC 2, SC 132
- Simpkins *v* Pays [1955] 3 All ER 10; [1955] 1 WLR 975, Assizes **63**
- Sindall (William) plc v Cambridgeshire County Council [1994] 3 All ER 932; [1994] 1 WLR 1016, CA **226**
- Sir Lindsay Parkinson & Co Ltd v Commissioners of Works and Public Buildings [1949] 2 KB 632; [1950] 1 All ER 208, CA **376**
- Sirius International Insurance Co Ltd v FAI General Insurance Ltd [2004] UKHL 54; [2005] 1 All ER 191 130
- Smith v Eric S Bush (A Firm) [1990] 1 AC 831; [1989] 2 All ER 514; [1989] 2 WLR 790, HL **173**
- Smith v Hughes (1870-71) LR 6 QB 597 5, 223, 244

- Smith v Land and House Property Corp (1884) 28 Ch D 7 202
- Smith v Wilson (1832) 3 B & Ad 728 129, 142
- Smith New Court Securities Ltd *v* Scrimgeour Vickers (Asset Management) Ltd [1997] AC 254; [1996] 4 All ER 769; [1996] 3 WLR 1051, HL **212**, **213**
- Solle v Butcher [1950] 1 KB 671; [1949] 2 All ER 1107, CA **229**, **230**, **243**
- South Caribbean Trading Ltd v Trafigura Beheever BV [2004] EWHC 2676 (Comm); [2005] 1 Lloyd's Rep 128 113
- Southwark LBC v IBM UK Ltd [2011] EWHC 653 (TCC); [2011] NLJR 474 **404**
- Spencer v Harding (1869-70) LR 5 CP 561 40
- Spice Girls Ltd v Aprilia World Service BV [2002] EWCA Civ 15; [2002] All ER (D) 190 (Jan) **206**
- Spring v Guardian Assurance plc [1995] 2 AC 296; [1994] 3 All ER 129; [1994] 3 WLR 354, HL **141**
- Spring v National Amalgamated Stevedores and Dockers Society [1956] 1 WLR 585; [1956] 2 All ER 221, Ch Ct 140
- Springwell Navigation Corp v JP Morgan Chase Bank [2010] EWCA Civ 1221, CA **215**, **216**
- Spurling (J) Ltd v Bradshaw [1956] 1 WLR 461; [1956] 2 All ER 121, CA 163, 187, 189
- Standard Bank London Ltd v Apostolakis [2003] Lloyd's Rep Bank 240 174
- Standard Chartered Bank v Pakistan National Shipping Corp (No 2) [2002] UKHL 43; [2003] 1 AC 959 203
- Startup v Macdonald (1843) 6 Man & G 593 **316** Steinburg v Scala (Leeds) Ltd [1923] 2 Ch 452; [1923] All ER Rep 239, CA **74, 79**
- Stevenson v Rogers [1999] QB 1028; [1999] 1 All ER 613; [1999] 2 WLR 1064, CA **168, 405, 427**
- Stevenson Jaques & Co v McLean (1879–80) LR 5 QBD 346 **19**
- Stewart v Reavell's Garage [1952] 2 QB 545; [1952] 1 All ER 1191, QBD **318**
- Stilk v Myrick (1809) 2 Camp 317 100, 113, 117
- Stocznia Gdanska SA *v* Latvian Shipping Co [1998] 1 WLR 574; [1998] 1 All ER 883, HL **375**
- Stone & Rolls Ltd (in liq) v Moore Stephens (a firm) [2009] UKHL 39; [2009] 4 All ER 431; [2010] 1 All ER (Comm) 125 **263**
- Sudbrook Trading Estate Ltd v Eggleton [1983] 1 AC 444; [1982] 3 All ER 1; [1982] 3 WLR 315, HL **56**, **58**
- Sugar v LMS Railway Co [1941] 1 All ER 172; KBD **161**

- Suisse Atlantique Société d'Armement Maritime SA v NV Rotterdamsche Kolen Centrale [1967] 1 AC 361; [1966] 2 All ER 61; [1966] 2 WLR 944, HL **165**
- Sumpter v Hedges [1898] 1 QB 673, CA 316 Super Servant Two, The. See Lauritzen (J) A/S v Wijsmuller BV (The Super Servant Two)—
- Surrey County Council and Mole DC *v* Bredero Homes Ltd [1993] 1 WLR 1361; [1993] 3 All ER 705, CA **367**, **368**
- Sylvia Shipping Co Ltd v Progress Bulk Carriers Ltd (*The Sylvia*) [2010] EWHC 542 (Comm); [2010] 2 Lloyd's Rep 81, Comml Ct **357**
- Taylor v Caldwell (1863) 32 LJ QB 164 **318, 319, 326**
- Tenax Steamship Co v Owners of the Motor Vessel Brimnes (*The Brimnes*) [1975] QB 929; [1974] 3 All ER 88; [1974] 3 WLR 613, CA **21**, **30**
- Thomas v Thomas (1842) 2 QB 851 96, 97, 117
- Thomas v BPE Solicitors [2010] EWHC 306 (Ch); [2010] All ER (D) 306 (Feb), Ch D 32
- Thompson Ltd *v* Robinson (Gunmakers) Ltd [1955] Ch 177; [1955] 1 All ER 154; [1955] 2 WLR 185, Ch D **363**
- Thornton v Shoe Lane Parking [1971] 2 QB 163; [1971] 1 All ER 686; [1971] 2 WLR 585, CA 17, 160, 161, 175, 187, 188, 426
- Timeload Ltd v British Telecommunications plc [1995] EMLR 459, CA 170
- Tinn v Hoffman (1873) 29 LT 271 **25, 28, 34**
- Tinsley v Milligan [1994] 1 AC 340; [1993] 3 All ER 65 **259**, **262**, **263**
- Tiverton Estates Ltd *v* Wearwell Ltd [1975] Ch 146; [1974] 1 All ER 209; [1974] 2 WLR 176, CA **42**
- Tool Metal Manufacturing Co Ltd v Tungsten Electric Co Ltd [1955] 2 All ER 657; [1955] 1 WLR 761. HL 107, 108, 114
- Transfield Shipping v Mercator Shilling (*The Achilleas*) [2008] UKHL 48; [2009] 1 AC 61; [2008] 3 WLR 345 **355**, **357**
- Trollope & Colls Ltd v North West Metropolitan Regional Hospital Board [1973] 1 WLR 601; [1973] 2 All ER 260, HL 139
- Tsakiroglou & Co Ltd *v* Noblee Thorl GmbH [1962] AC 93; [1961] 2 All ER 179; [1961] 2 WLR 633, HL **321**, **337**
- Tulk v Moxhay (1848) 2 Ph 774 **302**, **308** Tweddle v Atkinson (1861) 1 B & S 393 **290**, **291**, **303**, **306**

- United Scientific Holdings v Burnley Borough Council [1978] AC 904; [1977] 2 All ER 62; [1977] 2 WLR 806, HL **317**
- Universe Tankships Inc of Monrovia v International Transport Workers' Federation (*The Universe* Sentinel) [1983] 1 AC 366; [1982] 2 All ER 67; [1982] 2 WLR 803, HL **272**
- Vacwell Engineering Co Ltd v BDH Chemicals Ltd [1971] 1 QB 111n; [1970] 3 All ER 553n; [1970] 3 WLR 67n, CA **357**, **416**
- Vaswani v Italian Motors (Sales and Services) Ltd [1996] 1 WLR 270, PC 329
- Vercoe v Rutland Fund Management Ltd [2010] EWHC 424 (Ch); [2010] Bus LR D141; [2010] All ER (D) 79 (Jun) **372**
- Victoria Laundry (Windsor) v Newman Industries Ltd [1949] 2 KB 528; [1949] 1 All ER 997, CA **352**, **354**, **388**, **395**
- Vigers v Pike (1842) 8 ER 220 210
- Vitol SA v Norelf Ltd (*The Santa Clara*) [1996] AC 800; [1996] 3 All ER 193; [1996] 3 WLR 105, HL **330**
- Wagon Mound (No 1), The. See Overseas Tankship (UK) Ltd v Morts Dock and Engineering Co Ltd (The Wagon Mound (No 1))—
- Walford v Miles [1992] 2 AC 128; [1992] 1 All ER 453 **36**
- Walker v Boyle [1982] 1 WLR 495; [1982] 1 All ER 634, Ch D **215**
- Walters v Morgan (1861) 3 De GF & J 718 **378** Ward v Byham [1956] 1 WLR 496; [1956] 2 All ER 318,
- CA **99, 111**Warlow *v* Harrison (1859) 1 El & El 309 **39**
- Warner Bros Pictures Inc v Nelson [1937] 1 KB 209; [1936] 3 All ER 160, KBD **381**
- Warren v Mendy [1989] 1 WLR 853; [1989] 3 All ER 103, CA 381, 382
- Watford Electronics Ltd v Sanderson CFL Ltd [2001] EWCA Civ 317; [2001] 1 All ER (Comm) 696 172
- Waugh v HB Clifford & Sons Ltd [1982] Ch 374; [1982] 1 All ER 1095; [1982] 2 WLR 679, CA **296**
- Weeks v Tybald (1604) Noy 11 **65**
- West Bromwich Albion Football Club Ltd v El-Safty [2006] EWCA Civ 1299; [2006] All ER (D) 123 (Oct), CA 35
- White *v* Bluett (1853) 23 LJ Ex 36 **97, 117**White *v* Garden (1851) 10 CB 919; 20 LJCP 166 **210**White *v* John Warrick & Co Ltd [1953] 1 WLR 1285; [1953] 2 All ER 1021, CA **164**

- White and Carter (Councils) Ltd v McGregor [1962] AC 413; [1961] 3 All ER 1178; [1962] 2 WLR 17, HL 331–3, 337
- Whittington v Seale-Hayne (1900) 82 LT 49 211, 218
- Wilkie v London Passenger Transport Board [1947] 1 All ER 258, CA 17
- Williams v Carwardine (1833) 4 B & Ad 621 **34**Williams v Roffey Bros & Nicholls (Contractors) Ltd
  [1991] 1 QB 1; [1990] 1 All ER 512 **100–2**, **112**, **113**, **115–18**
- Wilson v Burnett [2007] EWCA Civ 1170; [2007] All ER (D) 372 (Oct), CA **63**
- Wilton v Farnworth (1948) 76 CLR 646 **158**
- Wimpey (George) UK Ltd v VI Construction Ltd [2005] EWCA Civ 77; (2005) 103 Con LR 67 239, 240
- Wiseman v Virgin Atlantic Airways Ltd [2006] EWHC 1566 (QB); [2006] All ER (D) 344 (Jun), QBD **358**
- With v O'Flanagan [1936] Ch 575; [1936] 1 All ER 727, CA 200, 219
- Wood v Scarth (1855) 2 K & J 33 231
- Woodar Investment Development Ltd v Wimpey Construction (UK) Ltd [1980] 1 WLR 277; [1980] 1 All ER 571, HL 291, 298, 299, 329
- Woodman v Photo Trade Processing (7 May 1981, unreported) 173
- Wrotham Park Estate Co Ltd *v* Parkside Homes Ltd [1974] 2 All ER 321; [1974] 1 WLR 798, Ch D **368**, **369**, **372**
- Yates Building Co Ltd v R J Pulleyn & Sons (York) Ltd (1975) 237 EG 183, CA **28**
- Yeoman's Row Management Ltd and another *v*Cobbe [2008] All ER (D) 419 (Jul); [2008] UKHL 55,
  HL; Reversing [2006] EWCA Civ 1139, CA;
  Reversing in part conjoined appeal [2005] EWHC
  1755 (Ch), Ch D; Affirming conjoined appeal
  [2005] EWHC 266 (Ch), Ch D **85**
- Yorkshire Bank plc *v* Tinsley [2004] EWCA Civ 816; [2004] 3 All ER 463 **280**
- Yuanda (UK) Co Ltd v WW Gear Construction Ltd [2010] EWHC 720 (TCC); [2011] 1 All ER (Comm) 550, Tech & Constr Ct 169
- Z v Z [2011] All ER (D) 112 (Dec); [2011] EWHC 2878 (Fam) **257**
- Zanzibar (Government of) v British Aerospace (Lancaster House) Ltd [2000] 1 WLR 2333, QBD 209

# Table of statutes

Arbitration Act 1889 55	s 2 <b>293, 307</b>	s 41 <b>317</b>
Arbitration Act 1996 55	s 2(3) <b>294</b>	s 56(1) <b>295, 307</b>
	s 2(4) <b>294</b>	Law of Property (Miscellaneous
Bills of Exchange Act 1882 84,	s 2(6) <b>294</b>	Provisions) Act 1989 <b>84, 85,</b>
95, 117, 295, 307	s 3 <b>294, 307</b>	87, 88, 90, 110
s 27 <b>95, 117</b>	s 5 <b>294</b>	s 1 <b>110</b>
	s 6 <b>295, 297</b>	s 2 <b>84-6</b>
Companies Act 1985 77, 84, 439	Courts and Legal Services Act	s 2(1) <b>84</b>
Companies Act 1989 <b>77, 81</b>	1980 <b>258</b>	s 2(2) <b>84, 87</b>
Competition Act 1998 252		s 2(3) <b>85</b>
Consumer Credit Act 1974 233,	Electronic Communications Act	Law Reform (Frustrated
404, 422	2000 <b>89, 90</b>	Contracts) Act 1943 324, 325,
s 60 <b>84</b>	Pt II (ss 7-10) <b>89, 90</b>	337, 342, 375, 378, 388
Consumer Protection Act	s 8 <b>84, 89</b>	s 1(1) <b>325</b>
1961 <b>404</b>	s 11 <b>35</b>	s 1(2) <b>324, 340, 342, 388</b>
Consumer Protection Act	Enterprise Act 2002—	s 1(3) <b>324, 342</b>
1987 <b>184, 391, 415-18, 429</b>	Pt 8 (ss 210-236) <b>180</b> , <b>423</b>	Limitation Act 1980 383, 397
Pt I, ss 1-9 <b>184</b>	Equality Act 2010 252	s 29 <b>384</b>
s 1(1) <b>416</b>	s 142 <b>252</b>	s 30 <b>384</b>
s 2(1) <b>416</b>	s 142(1) <b>252</b>	s 32 <b>384</b>
s 2(2) <b>417</b>		s 36(1) <b>384</b>
s 3(1) <b>417</b>	Family Law Reform Act 1969 71	Limited Liability Partnerships Act
s 5(1) <b>417</b>		2000 <b>78, 82</b>
s 5(2) <b>417</b>	Gambling Act 2005 253	s 1(3) <b>78</b>
s 5(4) <b>417</b>	s 335 <b>253</b>	Loi Toubon (France) 7
s 7 <b>184, 416</b>		
Pt II, ss 10-19 <b>184</b>	Hire Purchase Act 1964 233	Married Women's Property Act
Consumer Safety Act 1978 404	s 27 <b>233</b>	1882 <b>294</b>
Consumer Safety (Amendment)	Human Rights Act 1998 1, 6, 8,	Matrimonial Causes Act 1973—
Act 1986 <b>404</b>	262	s 25 <b>255, 256</b>
Contracts (Rights of Third	s 3 <b>6</b>	Mental Health Act 1983 77
Parties) Act 1999 <b>98</b> , <b>117</b> ,	s 4 <b>6</b>	Minors' Contracts Act 1987 71, 81
167, 189, 289, 291–5, 297,	s 6 <b>6</b>	s 2 <b>75, 79</b>
301–3, 305–7, 309		s 3 <b>74, 79, 81</b>
s 1 <b>293</b>	Infants Relief Act 1874 71	Misrepresentation Act 1967 124,
s 1(1)(a) <b>292</b>		205, 206, 213, 218, 219, 221
s 1(1)(b) <b>293, 309</b>	Late Payment of Commercial	s 1 <b>214</b>
s 1(2) <b>293, 309</b>	Debts (Interest) Act 1998 142	s 2(1) <b>205-7</b> , <b>212</b> , <b>213</b> , <b>220</b> ,
s 1(3) <b>293, 307</b>	Latent Damage Act 1986 384	221
s 1(5) <b>294</b>	Law of Property Act 1925 <b>84, 90</b> ,	s 2(2) <b>207</b> , <b>213</b>
s 1(6) <b>293</b>	116, 335	s 3 <b>215, 217</b>

### Table of statutes

Occupiers Liability Act 1957 169	s 14 170, 173, 190, 405, 414,	Trade Union and Labour
Official Secrets Act 1911 370	428	Relations (Consolidation) Act
	s 14(2) <b>27</b> , <b>171</b> , <b>391</b> , <b>405</b> , <b>406</b> ,	1992 <b>66</b>
Protection of Birds Act 1954 15	409, 427	Trade Descriptions Act 1968 16,
	s 14(3) <b>171, 391, 408, 409, 427</b>	404, 418
Rehabilitation of Offenders Act	s 15 <b>170, 171, 190, 409, 414,</b>	
1974 <b>198</b>	424, 427, 428	Unfair Contract Terms Act
Rent Acts 1957-1977 229	s 15A <b>410</b>	1977 <b>4, 142, 151, 156-92,</b>
Road Traffic Acts 1930–1999	s 29(5) <b>316</b>	205, 216, 282, 391, 404, 412,
294	s 35(6) <b>410</b>	424, 426, 428
	ss 48A-48F <b>410</b>	s 1 <b>169</b>
Sale and Supply of Goods Act	s 50 <b>363</b>	s 2 <b>169, 173, 186, 190</b>
1994 <b>391</b> , <b>404</b> , <b>405</b> , <b>423</b> , <b>424</b>	s 51 <b>363</b>	s 2(1) <b>169, 187, 190</b>
Sale of Goods Act 1893 404	s 57(2) <b>39</b>	s 2(2) <b>169</b> , <b>187</b> , <b>190</b>
Sale of Goods Act 1979 27, 39,	s 61 <b>145</b>	s 3 <b>169, 170, 183, 190</b>
56, 58, 72, 80, 142, 144, 148,	Sale of Goods (Amendment) Act	s 4 <b>170, 190</b>
151, 165, 170, 171, 186, 315,	1995 <b>412</b>	s 5 <b>170, 190</b>
391, 403-7, 409, 412, 413,	Solicitors Act 1974 262	s 6 <b>170</b> , <b>171</b> , <b>173</b> , <b>186</b> , <b>190</b> ,
418, 423, 424, 426-8	Statute of Frauds 1677 87, 88, 90	191, 412, 426
s 2(1) <b>404</b>	s 4 <b>87</b>	s 7 <b>170, 171, 191</b>
s 3 <b>77</b>	Supply of Goods and Services Act	s 8 <b>170, 190</b>
s 3(2) <b>71, 72, 79, 80</b>	1982 <b>391, 404, 412, 414, 415</b> ,	s 11 <b>215</b>
s 6 <b>228</b>	423, 424, 426, 428, 429	s 11(1) <b>171, 190, 215</b>
s 8(2) <b>56</b>	ss 2-5 <b>414, 428</b>	s 11(2) <b>171, 191</b>
s 11 <b>411</b>	ss 6-10 <b>415, 429</b>	s 11(4) <b>171</b>
s 12 <b>170, 171, 190, 414, 428</b>	s 13 <b>327, 414, 428</b>	s 11(5) <b>171, 190</b>
s 12(1) <b>406, 409, 427</b>	s 14(1) <b>414, 428</b>	s 12 <b>167, 190</b>
s 13 <b>148, 170, 171, 190, 391</b> ,	s 15(1) <b>414, 428</b>	s 13 <b>186</b>
406, 414, 428		Sch 2 171, 191
s 13(1) <b>406</b> , <b>409</b> , <b>427</b>	Third Parties (Right Against	Unsolicited Goods and Services
s 13(3) <b>406</b>	Insurers) Act 1930 294	Act 1971 421, 422

# Table of statutory instruments

Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013, SI 2013 No 3134 421 reg 34 421	Consumer Transactions (Restrictions on Statements) Order 1976, SI No 1976/1813 412, 424
reg 35 <b>421</b>	Electronic Commerce (EC
Consumer Protection (Distance	Directive) Regulations 2002,
Selling) Regulations 2000, SI No 2000/2334 <b>36, 52</b>	SI No 2002/2013 <b>89</b>
reg 24 <b>422</b>	General Product Safety
Consumer Protection from Unfair	Regulations 2005, SI
Trading Regulations 2008,	No 2005/1803 <b>418, 429</b>
SI No 2008/1277 197, 418,	reg 1 <b>418</b>
419	reg 5 <b>418</b>
reg 8 <b>418</b>	regs 7 <b>-9 418</b>
reg 10 <b>197, 419</b>	reg 42 <b>418</b>
reg 27A <b>419</b>	
Sch 1 <b>419, 420</b>	Sale and Supply of Goods to
Consumer Protection	Consumers Regulations
(Amendment) Regulations	2002, SI No 2002/3045 <b>404</b> ,
2014, SI No 2014/870	409, 410, 423, 424, 428, 429
418	reg 15 <b>415</b>

```
umer Transactions
                              Unfair Terms in Consumer
Restrictions on Statements)
                                   Contracts Regulations 1994,
rder 1976, SI No
                                  SI No 1994/3159 174, 176,
976/1813 412, 424
                                  177 182
                              Unfair Terms in Consumer
onic Commerce (EC
                                   Contracts Regulations 1999,
irective) Regulations 2002,
                                  SI No 1999/2083 151,
I No 2002/2013 89
                                   156-92, 216, 282, 391, 412,
                                  424-6
                                 reg 3 174
ral Product Safety
egulations 2005, SI
                                 reg 3(2) 184
lo 2005/1803 418, 429
                                 reg 4(1) 174, 191
1 418
                                 reg 5 188
5 418
                                 reg 5(1) 177, 191
s 7-9 418
                                 reg 5(3) 174, 191
42 418
                                 reg 6 177, 191
                                 reg 6(2) 174, 177, 182, 188,
and Supply of Goods to
                                  191
onsumers Regulations
                                 reg 6(2)(b) 177
002, SI No 2002/3045 404,
                                 Sch 2 177, 188, 191
```

# Table of EC legislation

#### **Directives**

Directive 85/374 on Defective Products Liability 416, 417 Directive 2005/29 on Unfair Commercial Practices 418, 420

Directive 93/13 on Unfair Terms in Consumer Contracts 157, 174-6, 183

Directive 99/44 on Certain
Aspects of the Sale of
Consumer Goods and
Associated Guarantees
404

Directive 2000/31 on European
Electronic Commerce 89, 90
Art 9 89
Art 10 89
Directive 2011/83 on Consumer
Rights 421

### Regulations

Regulation 593/2008/EC of the European Parliament and of the Council of 17 June 2008 on the Law Applicable to Contractual Obligations (Rome I) 7

### **Treaties and Conventions**

European Community Treaty
(EC Treaty) 252
Art 85 252
Art 85(1) 252
European Convention for the
Protection of Human Rights
and Fundamental Freedoms
(1950) 6, 262
Protocol 1—
Art 1 6, 262
Treaty on the European Union
(Maastricht Treaty) 1992

174

# Introduction

## This chapter discusses:

- why we need contract law;
- the history of contracts;
- the importance of procedural fairness in the development of contract rules;
- the courts' emphasis on looking at the contracting process objectively;
- the impact of the Human Rights Act 1998; and
- the influence of Europe.

Ask most people to describe a contract, and they will talk about a piece of paper – the documents you sign when you start a job, buy a house or hire a television, for example. While it is certainly true that these documents are often contracts, in law the term has a wider meaning, covering any legally binding agreement, written or unwritten. In order to be legally binding, an agreement must satisfy certain requirements (which will be discussed in Part 1) but with a few exceptions, being in writing is not one of those requirements. We make contracts when we buy goods at the supermarket, when we get on a bus or train, and when we put money into a machine to buy chocolate or drinks – all without a word being written down, or sometimes even spoken.

### Why do we need contract law?

The obvious answer is because promises should be binding, but in fact the law only enforces certain types of promise, essentially those which involve some form of exchange. A promise for which nothing is given in return is called a gratuitous promise, and is not usually enforceable in law (the exception is where such a promise is put into a formal document called a deed).

Why then do we need laws specifically designed to enforce promises involving an exchange? The major reason appears to be the kind of society we live in, which is called a market capitalist society. In such a society, people buy and sell fairly freely, making their own bargains, both on the small scale of ordinary shoppers in supermarkets, and on the much bigger one of a project such as the construction of the Channel Tunnel, which involved many different parties, each buying and selling goods and services. Although, as we shall see, there are areas in which government intervenes, in general we choose what we want to buy, who from and, to some extent at least, at what price.

It would be impossible to run a society on this basis if promises were not binding. Long-term projects show this very clearly – contractors working on the Channel Tunnel, for example, would have been very reluctant to invest time and money on the project if they knew that the British and French Governments could suddenly decide that they did not want a tunnel after all, and not be expected to compensate the contractors. On a smaller scale, who would book a package holiday if the tour operator was free to decide not to fly you home at the end of it? How would manufacturers run their businesses if customers could simply withdraw orders, even though the goods had been made specially for them? A market economy will only work efficiently if its members can plan their business activities, and they can only do this if they know that they can rely on promises made to them.

In fact, contract law rarely forces a party to fulfil contractual promises, but what it does do is try to compensate innocent parties financially, usually by attempting to put them in the position they would have been in if the contract had been performed as agreed. This has the double function of helping parties to know what they can expect if the contract is not performed, and encouraging performance by ensuring that those who fail to perform cannot simply get away with their breach.

### The origins of contract law

In order to understand the rationale underlying contract law, it helps to know a little about its history. Although some principles of contract law go back three centuries, the majority of contract rules were established in the early nineteenth century. Before that, contract hardly existed as a

separate branch of law, and took up very few pages in textbooks. Yet today, it is one of the core subjects which lawyers must study, and affects many areas of daily life. What caused the change?

The answer lies in the transformation of our society which occurred during the late eighteenth and early nineteenth centuries, a transformation which has been described as a move from status to contract. Today, we are very used to the important role that 'the market' plays in our society. We take it for granted that, for example, the price of food should generally be set by the manufacturer or retailer, with the customer choosing to take it or leave it. We may not actually negotiate a bargain in many areas of ordinary life, but we see the operation of the market in the fact that manufacturers have to set prices at which people will buy. We would be rather surprised if Parliament suddenly made it illegal to charge more than 50p for a loaf of bread.

Before the nineteenth century, however, there were many areas of life where free negotiation and bargaining were simply not an issue. An example is the market for what were regarded as essential foodstuffs, which included wheat, bread and beer. Although bakers and millers were entitled to make a profit, that did not mean they could sell at whatever price people would pay. Prices and quality standards for bread were fixed, according to the price the baker had had to pay for the wheat, so limiting their profits, and ensuring that they could not take advantage of shortages.

Activities such as buying goods and then selling them in the same market at a higher price, buying up supplies before they reached the market, and cornering the market by buying huge stocks of a particular commodity are all seen as good business practice now, but in the eighteenth-century market for essential foodstuffs, they were criminal offences, called regrating, forestalling and engrossing respectively. The basis for this approach was explained by Kenyon J in **R** v **Rusby**: 'Though in a status society some may have greater luxuries and comfort than others, all should have the necessaries of life.' In other words, there was a basic right to a reasonable standard of living, and nobody was expected to negotiate that standard for themselves.

A similar, though less humane, approach was taken to relationships between employer and employee – or master and servant, as they were called then. These days, we expect to have an employment contract detailing our hours of work, duties and pay, even though the amount of control we actually have in negotiating those areas may be negligible. In a status society, employment obligations were simply derived from whether you were a master or a servant; masters were entitled to ask servants to do more or less anything, and criminal sanctions could be used against an employee who disobeyed. Employers had obligations too (though rather less onerous than those of employees), which sometimes included supplying food or medical care. Both sets of obligations were seen as fixed for everyone who was either an employee or an employer, and not a matter for individual negotiation. Even wages were often set by local magistrates.

All this began to change in the eighteenth and nineteenth centuries. Society itself was undergoing huge changes, moving from an agricultural to an industrial economy, and with that came political changes, and changes in the way people saw society. With the rise of an economic doctrine called *laissez-faire* came a view that society was no more than a collection of self-interested individuals, each of whom was the best judge of their own interests, and should, as far as possible, be left alone to pursue those interests. If we apply this view to the market for bread, for example, it would suggest that bakers would sell bread for the highest price they could get, while consumers shopped around for the lowest, and the result should be a bargain suitable to both. The market would consist of hundreds and hundreds of similar transactions, with the result that everyone would be able to secure their own best interests, and the state would not need to intervene to do this for them – in fact it should not do so, because the parties should be left alone to decide what was best for them.

This *laissez-faire* approach carved out a very important place for contracts. As we have seen, where people make their own transactions, unregulated by the state, it is important that they keep their promises, and as a result, contract law became an increasingly important way of enforcing obligations.

### Freedom of contract

Its origins in the *laissez-faire* doctrine of the nineteenth century have had enormous influence on the development of contract law. Perhaps the most striking reflection of this is the importance traditionally placed on freedom of contract. This doctrine promotes the idea that since parties are the best judges of their own interests, they should be free to make contracts on any terms they choose – on the assumption that nobody would choose unfavourable terms. Once this choice is made, the job of the courts is simply to act as an umpire, holding the parties to their promises; it is not the courts' role to ask whether the bargain made was a fair one.

Some academics, notably Professor Atiyah (*The Rise and Fall of Freedom of Contract*, 1985), have suggested that this extreme position lasted only a short time, and that the courts were always concerned to establish some concept of fairness. His view has been challenged, but in any case, it is clear that over the last century, the courts have moved away from their reluctance to intervene, sometimes of their own accord, sometimes under the guidance of Parliament through legislation such as the Unfair Contract Terms Act 1977. However, as the basic principle still holds, decisions which actually have their basis in notions of fairness may be disguised behind more technical issues.

### Contract and fairness

Traditional contract law lays down rules which are designed to apply in any contractual situation, regardless of who the parties are, their relationship to each other, and the subject matter of a contract. This means that the law uses basically the same rules to analyse the contract that arises when you go into a supermarket to buy a tin of beans as it does to analyse the contract to build the Channel Tunnel.

The basis for this approach is derived from the *laissez-faire* belief that parties should be left alone to make their own bargains. This, it was thought, required the law simply to provide a framework, allowing parties to know what they had to do to make their agreements binding. This framework was intended to treat everybody equally, since to make different rules for one type of contracting party than for another would be to intervene in the fairness of the bargain. As a result, the same rules were applied to contracts in which both parties had equal bargaining power (between two businesses, for example) as to those where one party had significantly less economic power, or legal or technical knowledge, such as a consumer contract.

This approach, often called procedural fairness, or formal justice, was judged to be fair because it treats everybody equally, favouring no one. The problem with it is that if people are unequal to begin with, treating them equally simply maintains the inequality. This has obvious repercussions in contract law. Take, for example, an employment contract stating that if either party is dissatisfied with the other's performance, the dissatisfied party can terminate the contract at any time. This

clearly amounts to treating both parties in exactly the same way, making them play by the same rules. But in doing so, it gives the more powerful employer the useful opportunity to sack the employee at any time, while the corresponding 'benefit' to the less powerful employee will in many cases amount to no more than the chance to become unemployed.

Over the last century the law has to some extent moved away from simple procedural fairness, and an element of what is called substantive fairness, or distributive justice, has developed. Substantive fairness aims to redress the balance of power between unequal parties, giving protection to the weaker one. So, for example, terms are now implied by law into employment contracts so that employers cannot simply dismiss employees without reasonable grounds for doing so. Similar protections have been given to tenants and to consumers, and in these three areas (and some others) traditional contract rules are overlaid with special rules applying only to particular types of contract. (You can see the way in which this approach operates in Chapter 16.)

The balance between substantive and procedural fairness in contract law is always an uneasy one, but major academics such as Treitel (*The Law of Contract*, 2007) and Atiyah believe that there has been, as Atiyah puts it, 'a move from principle to pragmatism'. He suggests that in modern cases, the courts have been less concerned with laying down general rules, and more with producing justice in individual cases. In fact, an examination of the cases, especially those between businesses, where bargaining power is assumed to be equal, shows that although the courts are often attempting to secure substantive justice, they still tend to hide that attempt behind what appears to be an application of the traditional rules. The cases on innominate terms (p. 145), and on reasonable notice, particularly **Interfoto** (see p. 161), have been seen as examples of this.

### The objective approach

Contract law claims to be about enforcing obligations which the parties have voluntarily assumed. Bearing in mind that contracts do not have to be in writing, and that even where they are, important points may be left out, it is clear that contract law faces a problem: how to find out what – or even whether – the parties agreed. For example, if I promise to clean your car, meaning that I will wash the outside, and you promise to give me £10 in return, assuming that I will vacuum the inside as well, what have we agreed?

Contract law's approach to this problem is to look for the appearance of consent. If my words and/or actions would suggest to a reasonable person that I was agreeing to clean the inside of your car as well as the outside, then that is what I will have to do before I get my £10. This approach was explained by Blackburn J in **Smith** *v* **Hughes** (1871): 'If, whatever a man's real intention may be, he so conducts himself that a reasonable man would believe he was assenting to the terms proposed by the other party, and that other party upon that belief enters into the contract with him, the man thus conducting himself would be equally bound as if he had intended to agree to the other party's terms.' This point was repeated by the Supreme Court in **RTS Flexible Systems** *v* **Molkerei Alois Müller** (2010) where it stated:

Whether there is a binding contract between the parties and, if so, upon what terms depends upon what they have agreed. It depends not upon their subjective state of mind, but upon a consideration of what was communicated between them by words or conduct, and whether that leads objectively to a conclusion that they intended to create legal relations and had agreed upon all the terms which they regarded or the law requires as essential for the formation of legally binding relations.